
TRACK



Newsletter of the
Ski Touring Section
Loma Prieta Chapter,
Sierra Club

<http://lomaprieta.sierraclub.org/sts>



May Meeting

Monday, May 1st, 2006 7:00 pm

Annual Potluck and Slide Show extravaganza

Location:

Clubhouse at Palo Alto Redwoods
(Paul Hsieh's condo complex)
4250 El Camino Real Palo Alto. Ca.

Directions:

The Palo Alto Redwoods condo complex is in southern Palo Alto, on El Camino Real between Days Inn and Denny's Restaurant. The nearest cross street is W. Charleston. You may park on El Camino Real or enter the condo complex driveway and turn left into the garage, where there is limited visitor's parking.

Pot Luck Suggestions:

Last name A-G: Dessert and beverage

Last name H-Z: Savory and beverage

Although disposable dining ware will be available, please help the environment by bringing your own plates, cups, and eating utensils

Entertainment: Bring your favorite slides and photos from 2006 trips to share (no more than 30 slides per person). Unlimited photos allowed. Collages encouraged!

The following projection equipment will be available: 35 mm slide projector, notebook computer (Win XP) with CD drive, computer projector, screen.

March Minutes

Section Election Results

Officers for 2006 - 2007:

Chair: Lowell Moulton

Vice-Chair / Scheduler: Eric Valentino

Secretary / Editor: Kevin Flynn

Treasurer: John Langbein

Thanks for volunteering for next season.

Thanks to the outgoing officers

Treasurer – Cindy Tracey

Secretary/Editor – John Cordes

Webmaster – Brenda Giese

The changes to the Standing rules were approved. They should be posted to the chapter website soon.

Trips List

The list below shows trips tentatively scheduled so far for this season. To sign up for a trip, look for the write-up in the Future Trips section of TRACK. Write-ups should appear at least one month before the scheduled trip. Private trips are not included in this schedule. Events in the early season tend to be relatively easy, at mid-season more trips are intermediate level, and more advanced trips tend to be later in the season.

All trip participants must sign an official Sierra Club waiver form to participate in any Sierra Club trip. The Sierra Club does not assume any liability for carpools to the "trailhead".

April

Apr 28 - 30 Lake Tahoe Cabin Trip (int)
Krumm & Hsieh

May

May 1st STS meeting Annual Potluck
May 20-21 Sonora Pass (adv int) Chris and
John Kerr

Ski Trips

Trips are cooperative ventures organized and lead by volunteers. Trips range from leisurely single-day tours to strenuous multi-day expeditions. Each trip has a classification, which indicates the level of skiing ability and experience that the leader feels is the minimum required. The trip leader has the final say in whom may join a trip and may refuse anyone at any time that they feel has not demonstrated the required level of ability. Trip classifications:

Beginner: Includes first time cross-country skiers. Leaders frequently provide some type of beginner instruction. 1-2 miles on gentle terrain.

Advanced Beginner: Skiers in good condition who have learned the basics of the diagonal stride on the flats and on easy hills. 2-5 miles over rolling terrain.

Intermediate: Uphill and downhill skiing on slopes that can be traversed if too steep. An intermediate has had a lesson and has skied several times, having developed skill and confidence to snowplow, step turn, and control downhill speeds. Overnight hut trips with a moderate pack load. 3-10 miles average.

Advanced Intermediate: Same as Intermediate plus poor snow and weather skills, winter navigation, greater endurance, and snow camping. 10-15 miles.

Advanced: These tours are for the hardy skiers who can ski 10 to 30 miles in one day, are able to climb high mountains using skins, and descend with Telemark turns. The advanced skier must be in good shape, acclimatized to high altitudes, and have a working knowledge of map reading, compass, avalanche hazards, and winter survival.

Future Sierra Club Ski Trips

All trip participants must sign an official Sierra Club waiver form to participate in any Sierra Club trip

April 28-30

Tahoe cabin adventure

Intermediate or better

Want to try a late season tour up in Tahoe (if there's still snow at the end of April)?? How about the Tahoe Meadows to Brockway Summit tour. We will stay at a cabin in Truckee. Saturday we'll car shuttle to Tahoe Meadows (off Highway 431 near Mt. Rose Summit) ski to Brockway Summit (about 10 miles) and car shuttle back. If you want you can come up Thursday night and day tour Friday so you don't have to fight the traffic before the big day. After skiing we return to our cabin for a home cooked meal. Use the hot tub if you want. Limit 12. Cost 3 nights \$80 includes 3 breakfasts and 2 dinners. Two nights \$55.00 includes 2 breakfasts 1 dinner. Let us know if your interested with the plan, we'll cancel if there'll be too much hiking not enough skiing.

Leaders: Larry Krumm xxx-xxx-xxxx & Paul Hsieh

Sat-Sun May 20-21

Sonora Pass

Day tours, car camping and hot springs. Date subject to change if pass is not open. ADV. INTERMEDIATE skiers.

Leaders: Chris and John Kerr,

Private Announcements

FOR FREE:

Ski Boots, Asolo Snowfields, 3-pin binding
Woman's Size 9, double-wide (may fit men's size 8) In good condition -- they're just too wide for my feet now!

Contact: Debbie Benham,

SKI TOURING SECTION

Purpose: The Ski Touring Section leads cross-country ski trips to the Sierra Nevada and elsewhere.

Meetings: The Section holds open meetings monthly from November thru May. Date, time, and location of the next mtg are announced in TRACK. Newcomers of any experience level are welcome. A special program is featured at most meetings.

Membership: To be a member of the section requires membership in the Sierra Club and additional dues of \$5/yr paid to the section Treasurer. This entitles members to all the rights outlined in the bylaws and standing rules.

E-mail list: To join the STS e-mail list, send an e-mail to the list server at: <listserv@lists.sierraclub.org>. Include the following one line in the body of the message (not Subject line): <SUBSCRIBE LOMAP-SkiTour your firstname your lastname>. Be sure to send the email from the address at which you wish to receive postings and the newsletter, TRACK. You must be a member to be on the STS e-mail list.

Newsletter: TRACK is published monthly from October through May. To subscribe, send a check for \$15 (\$10 for paper newsletter and \$5 for annual section dues) payable to Ski Touring Section with your name, address, telephone number, and proof of Sierra Club membership to Treasurer Cindy Tracey (see address below). Proof of membership is one of the following: a mailing label from your Chapter newsletter (Loma Prieta) or Sierra

magazine, a photocopy of your Sierra Club membership card, or your canceled check for membership dues.

To join the Sierra Club, enclose a separate check for \$35 payable to Sierra Club with your STS payment.

To submit meeting announcements, trip announcements, and trip reports for publication in TRACK, email them to TRACK editor John Cordes to xxxxxxxxx@xxxxx.xxx, (attached Microsoft Word documents preferred) or submit them as text files. Advertisements will be carried for members free of charge on a space-permitting basis. Ads will run for one month unless resubmitted and will be limited to 6 lines or one inch. Notices from commercial enterprises will be carried at the editor's discretion on the same basis.

Trips: Trips are scheduled by VC/Scheduler Janet Hoffman. Potential trip leaders should contact her (see address below) and new leaders should contact Chair of the Leadership Committee Andy Hudson for leader qualification. Potential trip participants should contact the trip leader listed for each trip. The trips are classified according to the minimum ability required of participants. The categories are listed inside under Ski Trips. The Sierra Club does not assume any liability for carpools to the "trailhead".

Chair	Lowell Moulton
VC/Scheduler	Eric Valentino
Secty/Editor	John Cordes
Treasurer	Cindy Tracey
Conservation	Dick Simpson
Leadership	Janet Hoffmann
Webmaster	Brenda Giese

SKI TOURING SECTION

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First Class Mail