

TRACK



Newsletter of the Ski Touring Section

Loma Prieta Chapter

Sierra Club



www.sierraclub.org/chapters/lomaprieta/sts

Next Meeting

Monday, January 8th at 7:30 pm

**Covington Elementary Auditorium
205 Covington Rd, Los Altos, CA 94303**

Come join us for a joint meeting with the Backpacking Section for a discussion of snow camping and updates on upcoming trips.

Deadline for February TRACK submissions is January 19th

Written descriptions of STS trips and private trips are encouraged, and will be printed as space permits. E-mail submissions (plain text or attached Microsoft Word documents) to xxxxxxxx@xxxxxxxxxxx.xxx.

Leaders are asked to submit trip descriptions and other key information as soon as possible after the planning meeting.

The STS Track Newsletter would like to obtain photos of STS skiers on relatively recent STS trips from STS members to use in future issues of Track. Please include any helpful information with the picture such as the location, a description of the picture, names of any skiers in the picture and a note that it is OK for Track to publish your photo.

2006-2007 STS Calendar

January

1/5-7 – Clair Tappaan Lodge Ski Trip
Leader: John Cordes; **Skill Level(s):** Beg/Adv Beg

1/8 – STS Monthly Meeting
Covington Elementary, Los Altos (7:30 pm)

1/18, 23 & 25 – Snow camping seminar
Leaders: Chris MacIntosh / Steve Sergeant / John Langbein

1/19-22 – Tahoe Donner Cabin Trip
Leader: Larry Krumm; **Skill Level(s):** Beg to Int

1/20-21 – Bradley Hut
Leaders: Steve Sergeant; **Skill Level(s):** Intermediate

1/20-21 – Benson Hut
Leaders: Andy Hudson / David Passmore
Skill Level(s): Intermediate

1/26-28 – Bear Valley Lodge Beginner Ski Trip
Leaders: Paul Hsieh / Teresa Callen

1/26-28 – Pear Lake Hut Trip
Leaders: Roy Lambertson; **Skill Level(s):** Int

1/27-29 – Bradley Hut
Leader: Dick Simpson; **Skill Level(s):** Intermediate

1/27-28 – Glacier Point snow camping trip
Leader: Chris Kramar; **Skill Level(s):** Intermediate

2006-2007 STS Calendar (cont.)

1/30-2/1 – Ski Orienteering @ Royal Gorge / Auburn
Leader: Lowell Mouton; **Skill Level(s):** Beg/Adv Beg

February

2/2-4 – Lost Trail Lodge (ski in)
Leader: Terri Michel; **Skill Level(s):** Adv Beg/Int

2/3-4 – Bradley Hut
Leader: John Cordes; **Skill Level(s):** Intermediate

2/3-4 – Snow camping trip TBA
Leaders: Chris MacIntosh / Steve Sergeant / John Langbein; **Skill Level(s):** Beginner (need to have taken the “Snow camping seminar” in mid-January)

2/5 – STS Monthly Meeting
Peninsula Conservation Center (7:30 pm)

2/9-11 – Gooseberry Cross Country Ski Trip
Leader: Joe Schmidt; **Skill Level(s):** Adv. Beg. / Int.

2/10-11 – Wilderness First Aid
Leader: TBA; **Skill Level(s):** All

2/10-11 – Bear Trap Basin
Leader: Stephane Mouradian; **Skill Level(s):** Int.

2/16-18 – Clair Tappaan Lodge Ski Trip
Leaders: Teresa Callen / Paul Hsieh / Alan Hobbs
Skill Level(s): Beg/Adv Beg

2/17-19 – Mt. Hoffman snow camping trip
Leaders: David Passmore; **Skill Level:** Advanced

2/17-19 – Mount Lassen Volcanic NP Lodge Trip
Leaders: Cecily Harris / Terri Michel
Skill Level(s): Intermediate / Adv Intermediate

2/18-23 – 10th Mountain CO
Leaders: John Cordes; **Skill Level:** Intermediate

2/23-25 – Echo Summit to Loon Lake
Leader: John Langbein; **Skill Level:** Advanced Int

2/24-25 – Grover Hot Springs car camping ski trip
Leaders: Steve Sergeant; **Skill Level:** Adv. Beg

March

3/1-4 – Tahoe Donner Cabin Trip
Leader: Larry Krumm
Skill Level(s): Intermediate+

3/3-4 – Kings Canyon lodge trip
Leader: Terri Michel; **Skill Level(s):** Intermediate

3/3-4 – Peter Grubb Hut trip
Leaders: Dick Simpson; **Skill Level:** Intermediate

3/5 – STS Monthly Meeting
Peninsula Conservation Center (7:30 pm)

3/9-11 – “Loop Around” Mt. Lassen
Leader: John Langbein; **Skill Level:** Advanced Int

3/16-18 – Pinecrest cabin trip
Leaders: Joe Schmidt; **Skill Level:** Adv Beg

3/17-18 – Carson Pass to Bear Valley (snow camping)
Leaders: Roy Lambertson; **Skill Level:** Advanced

3/17-22 – Tioga Pass Resort to Tuolumne Meadows
Leaders: Lowell Mouton / Terri Michel
Skill Level: Advanced Intermediate

3/24-25 – Iron Mountain
Leader: Janet Hoffmann; **Skill Level:** Intermediate

TBA – Dewey Point snow camping trip
Leader: Steve Sergeant; **Skill Level:** Intermediate

April

4/2 – STS Monthly Meeting
Peninsula Conservation Center (7:30 pm)

4/4-6 – Peter Grubb Hut trip
Leaders: Lowell Mouton; **Skill Level:** Int / Adv Int

4/13-15 – Pinecrest cabin snowshoe trip
Leader: Joe Schmidt

4/14-21 – Trans-Sierra ski tour
Leader: Andy Hudson; **Skill Level:** TBA

May

5/7 – STS Annual Potluck (location and time TBA)

Trip Basics

Trips are cooperative ventures organized and lead by volunteers. Trips range from leisurely single-day tours to strenuous multi-day expeditions. Each trip has a classification, which indicates the level of skiing ability and experience that the leader feels is the minimum required. The trip leader has the final say in whom may join a trip and may refuse anyone at any time that they feel has not demonstrated the required level of ability.

Trip Classifications

Beginner: Includes first time cross-country skiers. Leaders frequently provide some type of beginner instruction. 1-2 miles on gentle terrain.

Advanced Beginner: Skiers in good condition who have learned the basics of the diagonal stride on the flats and on easy hills. 2-5 miles over rolling terrain.

Intermediate: Uphill and downhill skiing on slopes that can be traversed if too steep. An intermediate has developed skill and confidence to snowplow, step turn, and control downhill speeds. Overnight hut trips with a moderate pack load. 3-10 miles average.

Advanced Intermediate: Same as Intermediate plus poor snow and weather skills, winter navigation, greater endurance, and snow camping. 10-15 miles.

Advanced: These tours are for the hardy skiers who can ski 10 to 30 miles in one day, are able to climb high mountains using skins, and descend with Telemark turns. The advanced skier must be in good shape, acclimatized to high altitudes, and have a working knowledge of map reading, compass, avalanche hazards, and winter survival.

Trip/Event Descriptions

Clair Tappan Lodge Beginner's Ski Trip January 6-7

Beginner to Advanced Beginner

Learn the joys cross-country skiing on gentle terrain in the Soda Springs/ Norden Area. We'll stay at the Sierra Club's Clair Tappan Lodge in Norden. On Saturday we'll ski the groomed trails around Clair Tappan. On Sunday, we will venture into beginner level backcountry in the area. Sign up by contacting the leader, but **please make your own lodging**

reservations by calling Clair Tappan Lodge (530-426-3632). Lodge fee is \$55+ tax/night including meals. It is OK to drive up Saturday morning if you can get the CTL by 9am. For more information about Clair Tappan, visit the Sierra Club website <http://www.sierraclub.org/outings/lodges/ctl/>. For more information about the trip contact the leader John Cordes at xxx-xxx-xxxx or xxxxxxxx@xxxxxxxxxxx.xxx.

Snow Camping Seminar

January 18, 23 & 25 (classroom sessions)

February 3-4 (field session)

All skill levels

Learn to be comfortable in the snow; all day and all night! This course teaches participants the basics for camping, staying comfortable, and surviving the snow. Items discussed in the course include hypothermia, cold weather 1st aid, clothing, ski and snowshoe gear, packs, cooking, shelters (including tents, emergency shelters, and snow caves), route finding, and avalanche awareness. Participants must be familiar and comfortable with summer backpacking. In the field session, participants will apply what they have learned including constructing various snow shelters, cooking, and adapting to the environment. Participants will either snowshoe or ski into the field area. To sign up, contact Chris MacIntosh and send \$40 and your contact info to xxx xxxxxxxxxx xx, xxxxxxxxxx, xx xxxxx. Cost for the course includes a book and other printed material. (Leaders: Chris MacIntosh xxxxxxxx@xxxxxxxxxxx.xxx, Steve Sargent xxxxxxxx@xxxxxxxxxxx.xxx, and John Langbein xxxxxxxx@xxxxxxxxxxx.xxx)

A Three-day Weekend in Tahoe

January 19 – 22

Beginner to Intermediate

This is the, "I'm not going up on anymore holidays" trip. It's the weekend after MLK and it's a 3 day invitation Friday night through Sunday night - go home Monday (or just stay the weekend). We'll be staying in our cabin in Tahoe Donner. Beginners can take a lesson and/or ski at Tahoe Donner Cross Country (2 miles from the cabin). Advanced beginners - intermediate we'll take a tour out through the meadows in the National Forest and maybe scale a few hills. The cabin costs \$280/ night and sleeps 10. If 10 people come it's \$28/person per night (do the math if less than 10). Trip cancels if less than 6. Food is \$15 for the weekend (1 dinner 2 breakfasts), \$20 through Monday (2 dinners 3 breakfasts). Hot tub

Trip/Event Descriptions (cont.)

is available if you want. For exact costs and details contact leader **Larry Krumm** at xxx-xxx-xxxx.

Bradley Hut Overnight

January 20-21 (Friday – Sunday)

Intermediate

Join us for a night in the Bradley Hut. This is the newest and most modern of the Sierra Club's Tahoe-area ski huts.

The ski-in is about 5 miles and 1,500 ft. elevation. The hut is in a bowl, surrounding a meadow. There are opportunities for some relatively easy low-angle touring, and also the option to "yo-yo" on the steeper slopes surrounding the bowl.

A cost of \$25 covers Saturday night hut fees, Saturday dinner and Sunday breakfast (all vegetarian). Bring lunches and personal gear and leave room to help carry group gear and supplies into the hut. Limit 10 including the leader.

To register, contact the trip leader, Steve Sergeant, at xxxxxxxx@xxxxxxxxxxx.xxx or xxx-xxx-xxxx.

Benson Hut

January 20-21, 2007

Intermediate

This is an overnight ski trip to Benson Hut located under the north face of Anderson Peak at about 8350'. This hut is equipped with a wood-burning stove, but food, supplies and bedding must be carried in. The route climbs 1,200 feet from Lake Mary to Mt Lincoln and continues along the Sierra Crest for 3 miles to the hut. A cost of \$20 covers Saturday night hut fees, Saturday dinner and Sunday breakfast. Bring lunches and personal gear and leave room to help carry group gear and supplies into the hut. Limit is 10 skiers.

To sign up please contact either of the group leaders: David Passmore, xxxxxxxx@xxxxxxxxxxx.xxx, xxx-xxx-xxxx

Andy Hudson, xxxxxxxx@xxxxxxxxxxx.xxx, xxx-xxx-xxxx

Bear Valley Beginner's Ski Trip

January 26-28, 2005

Beginner to advanced beginner cross-country ski trip. Come join us for a weekend stay at Base Camp Lodge in Bear Valley. We arrive the evening of Friday, January 26, and leave the afternoon of Sunday, January 28. Please meet us at 9:00 PM in front of the fireplace at Base Camp. We will ski at the Bear Valley Cross-Country center Saturday morning with an

option to ski again in the afternoon. On Saturday night, MAS will host an avalanche and snow awareness seminar for our group. On Sunday there will be an option to ski in the back-country area of Bear Valley. There is a bar at Base Camp and some local restaurants and coffee café's in the area. There is also a game room, dry sauna and living room with a fireplace. Cost for lodging for two nights, two breakfasts, Saturday night dinner plus avalanche/snow awareness seminar and tax is \$101.00/ bunk, \$134.00 /triple, \$150.50 /double, \$200.00/single. The "single" or private rooms are limited. Trail fees are about \$25.00 per day. There are ski rental packages available. Beginners can take a lesson on Saturday morning at the cross-country center and join us in the afternoon. Sign up by contacting one of the leaders, but please make your own reservations by calling MAS at xxx-xxx-xxxx. Payments for all activities will be directly to Base Camp and to the Cross-Country Center. Please join us for a fun filled weekend of cross-country skiing, learning, socializing and relaxing. Event is co-listed with SF Bay and LPSS Sierra Singles. **Meet at Base Camp Lodge on Friday night at 9:00 pm.** (Leaders: Paul Hsieh xxxxxxxx@xxxxxxxxxxx.xxx and Teresa Callenxxxxxxxx@xxxxxxxxxxx.xxx)

Pear Lake Hut

January 26-28 (Friday – Sunday)

Intermediate

This trip is full – please call regarding the waiting list.

A three day trip to this popular ski hut in Sequoia National Park allows time to explore the high country nearby. The ski in on Friday is about 7 miles with about 2000 feet of climbing. Metal-edged skis and climbing skins are required. Saturday we'll do a tour, up to Ski Alta Peak and beyond if conditions permit. Sunday we'll do a short tour or yo-yo the slopes above the hut before skiing out. \$50 advance payment includes two dinners and two nights' lodging at Pear Lake Hut.

Leader: Roy Lambertson

xxx xxxxxxxxxxxx xx

xxxxxxxxxxx, xx xxxxx

xxx-xxx-xxxx (day)

xxx-xxx-xxxx (eve)

xxxxxxx@xxxxxxxxxxx.xxx

Glacier Point Snow Camp

January 27 – 28

Intermediate (with snow camping experience)

We will start skiing Saturday morning at Badger Pass

Trip/Event Descriptions (cont.)

and proceed up the Glacier Point road (tracks are usually, but not always, set by the NPS) to Glacier Point. We make camp there that night and return the next day. Exploration plans for the return trip on Sunday include Sentinel Dome and other South Rim points of interest near Glacier Point. Distance is 11 miles and includes ~500' of elevation gain/loss one-way. All participants must sign a Sierra Club Liability Waiver. Send 2 long SASEs for trip sign-up application, medical form, and waiver to: Chris Kramar, xxx xxxxxxxxxxx xx, xxxxxxxxxxx, xx xxxxx. (Leader: Chris Kramar xxxxxxxx@xxxxxxxxxxx.xxx or xxx-xxx-xxxx)

Bradley Hut January 27-29 (Sat-Mon)

Intermediate

Ski 5 miles and climb 1500 ft to Bradley Hut in upper Pole Creek near Squaw Valley. The 3-day format helps avoid gridlock returning on Hwy 89 and I-80 and allows for a full day of skiing Sunday. \$50 covers dinners Sat-Sun and breakfasts Sun-Mon; you bring lunches and snacks. For more information and application contact leader Dick Simpson at xxx xxxxxxxxxxx xxx, xxxxxxxxxxx, xx xxxxx; xxx-xxx-xxxx or xxxxxxxx@xxxxxxxxxxx.xxx

Royal Gorge / Auburn Ski Orienteering Trip January 30 – February 1 (Tue- Thurs)

Beginner / Advanced Beginner

Join us for three days of mid-week ski orienteering fun at Royal Gorge Cross Country and Auburn Ski Club Training Center. Ski orienteering is a very fun sport where you use map and compass to find the fastest routes to flags (controls) placed on cross country ski trails. No ski orienteering experience is required, the leader will give a quick course on using map and compass to find the controls and there is also a quick lesson given by the race organizers before the race.

We'll drive up to Clair Tappaan Lodge (CTL) in the Norden area on Monday 1/29 and participate in Sierra Ski Orienteering Championships at Royal Gorge Cross Country on Tuesday 1/30 and Wednesday 1/31. On Thursday 2/1 we'll drive over to the Auburn Ski Club Training Center for a third day of ski orienteering. We'll drive home on Thursday evening 2/1. The lodge fee is about \$55 per night and includes all meals. There is a hot tub, library and living room at the lodge. If you would like more information

about Clair Tappaan Lodge then please visit the Sierra Club website, <http://www.sierraclub.org/outings/lodges/ctl> Budget an additional expense of about \$20 to \$35 per day for trail, race registration, E-punch and compass rentals. See details at the Bay Area Orienteering Club (BAOC) website at

<http://baoc.org/wiki/Schedule/2007/SkiO/Fees>

There are ski and snowshoe rental packages available at CTL and at nearby Royal Gorge. Beginners can take a lesson for an additional fee on Tuesday morning at Royal Gorge. More info on lessons and fees is at www.royalgorge.com. Event is co-listed with Sierra Singles.

Sign up by contacting Lowell Moulton, but please make your own lodging reservations for Monday, Tuesday and Wednesday nights by calling Clair Tappaan Lodge at (530) 426-3632. Discounts for early race registration are available at BAO website listed above. We'll all meet in the Claire Tappaan Lodge living room on Tuesday morning after breakfast.

Leader: Lowell Moulton, xxx-xxx-xxxx, xxxxxxxx@xxxxxxxxxxx.xxx

Luxuriate at Lost Trail Lodge 2 – 4 February 2007 (Fri – Sun)

Advanced Beginner / Intermediate

A rare opportunity to stay in this off-the-grid and uniquely appointed lodge that is close to civilization yet remote in NW Tahoe near Donner. This trip would be a good way to find out what it's like to ski with an overnight pack to your lodging without having to carry sleeping gear. We'll share a cabin at the Lost Trail Lodge, which is a 4 mile relatively flat ski into the lodge <www.lostrailodge.com>. We'll start from the trailhead on Friday morning the 2nd to ski the 4 miles to our cabin so we can explore the local backcountry for the rest of the weekend. The area offers day skiing opportunities in places like Cold Stream and Emigrant Canyons, Shallenberger Ridge, etc (climbing skins would be handy for the day tours from the lodge). Skiing and dining followed by a possible live piano serenade or jacuzzi soak in the evenings. Cost for 2 nights lodging (includes linens), 2 dinners and 2 breakfasts is \$179/person. Limit 6. Part or all of deposit is nonrefundable if you cancel after January 1st and we can't get a qualified replacement. All participants must be comfortable skiing up to 4 miles with a small overnight pack, bring

Trip/Event Descriptions (cont.)

metal edged skis, sign a Lodge and a Sierra Club Liability Waiver and complete a Sierra Club Medical form and return all completed and signed to the leader prior to the trip. Send 2 long SASEs for trip sign-up application, waivers, medical form and check for \$179 to: Terri Michel, xxx xxxxxxxxxxx xx, xxxxxxxxxxx, xx xxxxx. (Terri Michel xxx-xxx-xxxx or xxxxxxxx@xxxxxxxxxxx.xxx)

Bradley Hut February 3-4 (Sat-Sun) Intermediate

Saturday, we'll start the trip by skiing 5 miles and climb 1500 ft to Bradley Hut in upper Pole Creek near Squaw Valley off highway 89. There will be time for turns and touring late Saturday and Sunday morning. We'll plan to get back to the cars around 4 pm on Sunday and have dinner in Truckee before heading home. Participants are encouraged to spend Friday Night at Clair Tappaan lodge in Norden. The trip starts at the trailhead on Highway 89 at 10 am. \$20 covers hut, dinner Sat, and breakfast Sun. To sign up please send a SASE or email the leader. For more information and application contact the leader:

Mr. John G. Cordes

xxx xxxxxxxxxxx xx

xxxxxxxxxxx, xx xxxxx

xxxxxxxxx@xxxxxxxxxxx.xxx

xxx-xxx-xxxx

Gooseberry Cross Country Ski Trip February 9-11

Advanced Beginner/Intermediate

This trip is designed to challenge the advanced beginner or intermediate cross-country skier. We will start at the Gooseberry Trailhead and climb about 2,000 feet to the "Knob". As we go, we'll be rewarded with a beautiful and striking view of the Emigrant Wilderness. Maybe we'll get a look at Cleo's Baths, all snowed in. Once we get to the knob, we'll break to take in the beautiful views. At this point we have a choice to ski down groomed trail or to take the trail to Crabtree. There, you will view across the Emigrant Wilderness and into Yosemite where you can see (with binoculars) half-dome and other familiar peaks. Upon returning to the cabin, we can soak tired bones in the hot tub as we watch snowflakes descend to earth. On Sunday, we'll take Frasier Flat route down the south side of Strawberry ridge through the woods down to the bottom. Returning, we will follow the South Fork of the Stanislaus up to Strawberry. No X-

C equipment? It can be rented up there. Ninety dollars covers two nights accommodations; two breakfasts and two lunch fix'ins and one dinner. Please send your check made out to Sierra Singles to Joe Schmidt xxx xxxxxxxxxxx xx, xxxxxxxxxxx, xx xxxxx. I would be happy to answer any questions. This event may be co-listed with other groups such as the Ski Touring Section and Bay Chapter. Rain is welcome and doesn't cancel ... think snow! Event covers 4 miles, with 500 feet of elevation.

Meeting location: Lucille's Cabin in the Sonora Pass Area (for location, go to google and enter "Lucille's Cabin". For the area, go to

www.thegreatunfenced.com.

Leader: Joe Schmidt, xxx-xxx-xxxx or

xxxxxxxx@xxxxxxxxxxx.xxx

Clair Tappaan Lodge ski trip February 16-18

Beginner / Advanced Beginner

Come join us for a weekend stay at Clair Tappaan Lodge in the Norden area. We arrive the evening of Friday, February 16 and leave the evening of Sunday, February 18. We will ski at Royal Gorge on Saturday and on the track behind the lodge on Sunday. If you have snowshoes and a headlamp, please bring them for a night hike on a local trail. Cost for two nights lodging and all meals is approx. \$98.00. The track fee at Royal Gorge is \$26.00 per person. There are ski rental packages and snowshoe rental packages available at the lodge. Beginners can take a lesson on Saturday morning at Royal Gorge and join us in the afternoon. There is a hot tub, library, living room and sometimes live entertainment at the lodge. Sign up by contacting one of the leaders, but please make your own reservations by calling Clair Tappaan Lodge at (530) 426-3632. Payments for all activities will be directly to Clair Tappaan Lodge and to Royal Gorge. Please join us for a fun filled weekend of skiing, socializing and relaxing. Event is co-listed with SF Bay and LPSS Sierra Singles. **Meet at Clair Tappaan Lodge Living Room on Friday night at 9:00 pm.** (Leaders: Alan Hobbs xxxxxxxx@xxxxxxxxxxx.xxx, Paul Hsieh xxx-xxx-xxxx or xxxxxxxx@xxxxxxxxxxx.xxx and Teresa Callen xxxxxxxx@xxxxxxxxxxx.xxx)

Mt. Hoffmann February 17-19, 2007

Advanced-Intermediate

This 3 day ski trip begins and ends in Yosemite Valley. The first day we ascend the switchbacks on Snow Creek trail and make camp in the vicinity of

Trip/Event Descriptions (cont.)

Hwy. 120. On the 2nd day, conditions permitting, we ascend the south face of Mt. Hoffmann (10,850 ft.) and descend to our camp. On day three we reverse the up-route, returning to the Valley.

Previous winter snow camping experience is required. To sign up please contact the trip leader: David Passmore, xxxxxxxx@xxxxxxxx.xxx, xxx-xxx-xxxx

Mount Lassen Volcanic National Park

February 17-19, 2007

Strong Intermediate / Advanced Intermediate

Enjoy Mt. Lassen over President's Day Weekend. (Three day ski trips, Saturday – Monday). In February, when snow is usually plentiful and traffic is usually light in this southern Cascades park. We'll ski to places that might include Bumpass Hell or Brokeoff Peak depending on conditions. We will stay two to a room in the Mineral Lodge motel near the southwest Park entrance. (www.minerallodge.com) Three nights lodging (Friday – Sunday) and happy hour munchies are only \$133.00 per person. Bring your own lunches and plan to eat breakfast and dinner at the motel restaurant. Limit 8. Part or all of deposit is refundable if you cancel by January 17 and we can't get a qualified replacement. All participants must bring metal-edged skis and climbing skins, sign a Sierra Club Liability Waiver and Medical Form. Send 2 long SASE's for trip sign-up application, waiver, medical form and check for \$133.00 to: Cecily Harris, xxx xxxxxxxxxxxx xx, xxxxxxxxxxxx, xx xxxxx. Questions? Contact **Cecily Harris** at xxx-xxx-xxxx or xxxxxxxx@xxxxxxxx.xxx or co-leader **Terri Michel** at xxx-xxx-xxxx.

5-day 10th Mtn Hut Tour

February 18-23

Strong Intermediate

Have you ever wanted to ski the 10th Mtn Hut system in Colorado? I have hut reservations for 8 people for 4 nights Monday - Thursday Feb 19th-22th, 2007. The official trip begins at the Ashcroft trailhead south of Vail.

The itinerary is to fly to Denver on Sunday Feb 18th and pick up groceries and drive to Aspen. Stay in Aspen Sunday night. Monday morning, catch a shuttle to the Ashcroft Trailhead. Ski into 2.3 miles to Markley Hut for Monday night. Ski to Friends hut for Tuesday night which is about 8 miles away. Stay at Friends Hut on Wednesday night. Ski to Lindley Hut

for Thursday night which is about 5 miles from Friends Hut. There is a variety of terrain available to ski in the area each day. On Friday, get in some turns before skiing out to catch the shuttle back to Aspen. On Saturday, drive back to Denver and fly home. The trip cost is \$150/person for the 4 nights at the huts including food. I expect the other travel to be \$450 to 500 per person (~\$300 airfare + \$150 for Sunday & Friday night lodging, car rental, shuttle fee, food). If you are interested and want to get in on the trip, please email leader John Cordes at xxxxxx@xxxxxxxx.xxx. To learn more about the huts visits www.huts.org.

Echo Summit to Loon Lake

February 23-25 (3-day snow camping trip)

Advanced Intermediate

Ski across the Desolation Wilderness from Echo Lake, across Mosquito Pass and into the seldom visited (at least in winter) upper Rubicon Valley. Cross the Crystal range and finish at Loon Lake. We'll probably "bag" a few easy summits along the way. Hopefully, I can find a co-leader so that this can be a "key-exchange" which makes the car shuttle much easier. Contact John Langbein at xxx-xxx-xxxx (evenings before 9PM) or xxxxxxxx@xxxxxxxx.xxx.

Grover Hot Springs Camp-out

February 24-25

Advanced Beginner

Join us for a car camping ski trip. We will camp at Grover Hot Springs State Park. The park is just west of Markleeville, four miles from Highway 89. We will ski in the Hope Valley/Carson Pass area on both Saturday and Sunday. Dinner Saturday night will be in historic Markleeville, at the Wolf Creek Restaurant. Remember to bring your bathing suit and towel for soaking in the hot springs at the park. Trip cost is \$25 which covers camping fee and breakfast Saturday and Sunday. We'll be camping in the snow, so be prepared! In past years, night time temperatures have dipped to the single-digits. You'll also need extra money for dinner Saturday night (entrees start at \$12.95), and \$4 for each visit to the hot springs. For additional information, contact the leader: Steve Sergeant, xxx-xxx-xxxx, xxxxxxxx@xxxxxxxx.xxx. Larry Bruguera is the co-leader.

Trip/Event Descriptions (cont.)

A Three-day Weekend in Tahoe #2

March 1-4

Intermediate +

So take a day off and make it a long ski weekend after president's week. (smaller crowds). We'll be staying in our cabin in Tahoe Donner. Come up Thursday night (miss the crowd on the road) and stay through Sunday. We'll find some interesting skiing in the surrounding NF for intermediates and up. The cabin costs \$280/night and sleeps 10. If 10 people come it's \$28/person per night (do the math if less than 10). Trip cancels if less than 6. Food is \$15 for the weekend (1 dinner 2 breakfasts), \$20 Thursday - Sunday (2 dinners 3 breakfasts). Hot tub is available if you want. For exact costs and details contact leader **Larry Krumm** at xxx-xxx-xxxx.

Peter Grubb Hut

March 3-4 (Sat-Sun)

Intermediate

Ski 2 miles and climb 800 ft from I-80 at Donner Summit to Castle Pass, then go another mile and down into Round Valley and Peter Grubb Hut. The hut is 60+ years old, but has been equipped with solar electric lighting. Enjoy good snow on the north side of Castle Peak or tours to Sand Ridge Lakes. \$30 covers Saturday dinner and Sunday breakfast; you bring lunches and snacks. For more information and application contact leader Dick Simpson at xxx-xxx-xxxx or xxx-xxx-xxxx.



Kings Canyon & Sequoia National Park areas

March 3-4 (Sat-Sun)

Intermediate

Ski amongst the Giant Sequoias! Kings Canyon NP and Sequoia NF are a choice way to avoid the Tahoe crowds – and it takes less time to get there! We'll do day tours using metal-edged backcountry skis, and stay 2 to a room at the John Muir Lodge at 6,555' in Grant Grove (www.sequoia-kingscanyon.com/johnmuirlodge.html). Cost for two nights lodging (includes private bath, maid service and linens) and happy hour munchies is \$75 per person (trip cost is based on 8 people). There is a restaurant nearby for Sat. dinner and/or breakfasts. Limit 8. Part or all of deposit nonrefundable if you cancel after February 15th and we can't get a qualified replacement. All participants must sign a Sierra Club Liability Waiver and complete a Sierra Club Medical

form and return both completed and signed to the leader prior to the trip. Send 2 long SASEs for trip sign-up application, medical form, waiver and check for \$75 per person to: Terri Michel, xxx-xxx-xxxx-xx, xxx-xxx-xxxx, xx-xxxx. **Leader is Terri Michel** xxx-xxx-xxxx or xxx-xxx-xxxx@xxxxxxxxxxx.xxx).

Mt. Lassen Loop

March 9-11 (3-day snow camping trip)

Advanced Intermediate

Start at the south entrance of Lassen Park and ski up the road (with a short-cut) to Helen Lake. From here, we'll consider a detour to the summit of Mt Lassen. Then, ski through the backcountry just east of Mt Lassen. After a very short section of road near the Devastated Area, we'll cross a pass between Lassen and Chaos Crags then past Vulcan's Castle and Ski Heil Peak. From there, we'll pick-up the road for a quick trek back to the south entrance. Contact John Langbein at xxx-xxx-xxxx (evenings before 9PM) or xxx-xxx-xxxx@xxxxxxxxxxx.xxx

Tioga Pass Resort – Tuolumne Meadows Ski Tour 15 – 20 March 2007 (Thurs – Tues)

Advanced Intermediate

Come spend St. Patrick's Day in beautiful Tuolumne Meadows. We'll stay in a motel in Lee Vining on Wednesday night the 14th and ski into Tioga Pass Resort on (TPR) Thursday March 15. We'll spend Thursday night in a cabin at this intriguing historic resort located on the eastern crest of Yosemite at 9,600' <www.tiogapassresort.com>. After ski-acclimatizing around TPR and a great dinner and breakfast, we'll tour our way to the ski hut (or snow camp) in Tuolumne Meadows on Friday March 16 where we'll spend three nights and ski around Tuolumne Meadows on Saturday (St. Patrick's Day) and Sunday. Day trip possibilities from the Tuolumne Meadows area include Cathedral, Johnson, Ragged, Unicorn Peaks, Lembert Dome, Elizabeth Lake, Dog Lake, etc. Our travel is made lighter by the leprechauns who stashed food and gear in advance. On Monday March 19 we'll ski from Tuolumne Meadows Hut back to TPR and spend Monday night at TPR. On Tuesday March 20 we'll ski back to the Lee Vining Tioga Pass Road trailhead and drive home.

Cost of \$450 per person includes 1 night in motel, 2 nights at TPR (including tips for TPR staff), 5 delicious dinners and breakfasts, 2 lunches, and petrol reimbursement for the cache elves (trip cost estimate is based on 6 people). Note that hut or camping in

Trip/Event Descriptions (cont.)

Tuolumne Meadows is free. Limit 6. All participants must be comfortable skiing up to 16 miles and 3,000' elevation gain with an overnight pack, have snow camping experience, bring metal edged skis, climbing skins, a winter sleeping bag and an avalanche transceiver. Participants must also sign a Sierra Club Liability Waiver and complete a Sierra Club Medical form and return both completed and signed to the leader prior to the trip. All participants must also sign a TPR Release Form. Send 2 long SASEs for trip sign-up application, medical form, waiver, TPR Release and a deposit check for \$450 per person (made to Lowell Moulton) to: Lowell Moulton, xxx xxxxxxxxxxx xx, xxxxxxxxxxx, xx xxxxx. Part or all of deposit nonrefundable if you cancel after February 12th and we can't get a qualified replacement. Trip leader is Lowell Moulton (xxx-xxx-xxxx or xxxxxxxxxxx@xxxxxxxxxxx.xxx). Co-Leader is Terri Michel (xxx-xxx-xxxx or xxxxxxxxxxx@xxxxxxxxxxx.xxx).

Crabtree Trail Cross Country Ski Trip March 16-18

Advanced Beginner

This trip is designed to challenge the advanced beginner*. We will start at the Crabtree trail head and ski up to Aspen Meadows. After a break there, we will return to Crabtree and head east. From this point, it's almost flat along a ridge which offers seclusion in forested areas as well as some great vistas along the way. We'll monitor the group to determine the point to turn back. Our reward will be soaking weary bones in the hot tub as snowflakes descend to earth followed by a great dinner. On Sunday, we'll pick another route depending on snow conditions. There are many in the Pinecrest area. \$90 covers two nights accommodations; two breakfasts and two lunches and one dinner. Every participant will get their own bed and rooms will be shared by same sex. The trip is limited to twelve participants. Please send your check made out to Sierra Singles to Joe Schmidt xxx xxxxxxxxxxx xx, xxxxxxxxxxx, xx xxxxx. Be sure to include SIN or name, address, phone and email address at a minimum. Rain is welcome and doesn't cancell ... think snow! Event covers 10 miles, with 1500 feet of elevation. **Meeting location:** Joseph's Cabin in the Sonora Pass/Emigrant Wilderness/Pinecrest Areas **Leader:** Joe Schmidt, xxxxxxxxxxx@xxxxxxxxxxx.xxx

Carson Pass to Bear Valley (Snow Camping)

March 17-18

Advanced

Join us in exploring this seldom-skied section of the crest. We will do this trip as a key exchange, with both groups camping in the vicinity of Clover Valley on Saturday night. We hope to get good views of the Dardanelles region. The distance we will cover in two days is about 26 miles; our nominal route is described in Marcus Libkind's [Ski Tours of the Sierra Nevada, Volume 2](#). It's the "Red Lake to Lake Alpine" tour. Severe weather or avalanche hazard will change our plans. Contact **leader Roy Lambertson** at xxx-xxx-xxxx; xxx-xxx-xxxx (eve); or xxxxxxx@xxxxxxxxxxx.xxx. Co-leader is Stephane Mouradian xxxxx@xxxxxxxxxxx.xxx.

Dewey Point Beginner's Snow Camp

March 24-25

Intermediate

Camp in the snow overlooking Yosemite Valley! This is a good trip for someone ready to graduate from Advanced Beginner to Intermediate. This trip will start at the parking lot for the Badger Pass ski area, and will cover 3.75 miles by cross country skis or snowshoe into our campsite. Campers will be encouraged to try alternative winter shelters, such as a snow cave, or a hybrid tarp/trench structure (tents are OK too). On Sunday morning we'll explore the rim of Yosemite Valley to the east of Dewey Point -- perhaps as far as another 3.6 miles to Taft Point -- before traveling back to the Badger Pass parking lot on the Glacier Point Road.

Prior snow camping experience is strongly advised. The leader can advise you on appropriate gear and preparation. Skiers should have experience skiing with a full pack (on a hut trip, for example). The trip is individual commissary, but participants will be encouraged to team-up for shelter and cooking. Limited to seven participants. This trip is co-listed with the Backpack Section.

To register, contact the trip leader: Steve Sergeant, at xxxxxxxxxxx@xxxxxxxxxxx.xxx or xxx-xxx-xxxx.

Peter Grubb Hut Ski Tour

April 4-6 (Weds-Fri)

Intermediate / Advanced Intermediate

Join us for a fun two night mid-week stay at Peter Grubb Hut. We'll drive up to Clair Tappaan Lodge (CTL) in the Norden area on Tuesday 4/3. On Wednesday 4/4 we'll ski 2 miles and climb 800 ft from I-80 at Donner Summit to Castle Pass, then go

Trip/Event Descriptions (cont.)

another mile and down into Round Valley and Peter Grubb Hut. Peter Grubb Hut lies in a bowl, bounded on the north by Basin Peak and on the east by Castle Peak. The hut is 60+ years old, but was recently equipped with solar electric lighting. On Thursday 4/5 we'll have a full day to enjoy good snow on the north side of Castle Peak or tours to nearby Basin Peak and Sand Ridge Lakes.

We'll ski out and drive home on Friday 4/5.

The Tuesday night Clair Tappaan Lodge fee is about \$55 per night and includes all meals. There is a hot tub, library and living room at the lodge. If you would like more information about Clair Tappaan Lodge then please visit the Sierra Club website, <http://www.sierraclub.org/outings/lodges/ctl/>. About \$70 covers hut expenses, Wednesday and Thursday dinner, and Thursday and Friday breakfast; you bring lunches and snacks. If food and hut expenses come in below this then refunds for the difference will be paid back to trip participants. Send 2 long SASEs for trip sign-up application, medical form, waiver, and a deposit check for \$70 per person (made to Lowell Moulton) to: Lowell Moulton, xxx xxxxxxxxxx xx, xxxxxxxxxx, xx xxxxx. Part or all of deposit nonrefundable if you cancel after March 14th and we can't get a qualified replacement.

Trip Leader: Lowell Moulton, xxx-xxx-xxxx, xxxxxxxx@xxxxxxxxxxx.xxx

Pinecrest Snowshoe Trip April 13-15

You may have wanted to go to the back country and see nature's beautiful snow, streams but could not since you don't ski. Well, this is an opportunity to enjoy the outdoors and snow shoe! They say that if you can hike, you can snowshoe! We will start at 6,000 feet elevation and snowshoe to a wonderful area called the Punch Bowl. It is surrounded by volcanic cliffs with aspen trees in the vast meadow. We will have to hike to get to the snow since by the end of March the snow starts to melt. The gushing streams are really beautiful so bring your camera. Upon returning to the cabin, we can soak tired bones in the hot tub. On Sunday, we'll take Frasier Flat route down the north side of the ridge through the woods down to the bottom. Returning, we will follow the South Fork of the Stanislaus up to Strawberry. No snowshoeing equipment? It can be rented at any outdoor store like REI. If Dodge Ridge is still open, it

can be rented there. See www.dodgeridge.com. \$90 covers two nights accommodations; two breakfasts and two lunch fix'ins and one dinner. Every Participant will get their own bed and rooms will be shared by same sex. The trip is limited to eight participants. Well behaved dogs may come on the trip with the advance permission of the Leader.

Please send your check made out to Sierra Singles to Joe Schmidt xxx xxxxxxxxxx xx, xxxxxxxxxx, xx xxxxx. Provide SIN but at a minimum provide address, phone and email address. This event may be co-listed with other groups such as the Ski Touring Section and Bay Chapter. Rain is welcome and doesn't cancel ... think snow! Event covers 10 miles, with 1,000 feet of elevation. Limited to twelve participants with an attempted NOAH. Meeting location: Lucille's Cabin in the Sonora Pass Area (for location, go to google and enter "Lucille's Cabin". For the area, go to www.thegreatunfenced.com or www.dodgeridge.com Leader: Joe Schmidt, xxx-xxx-xxxx, xxxxxxxx@xxxxxxxxxxx

Other Sierra Club Trips

The following trips to Sierra Club huts are being organized by the Redwood Chapter.

Bradley Hut Winter Backpack Trip January 13-15, 2007 (Sat-Mon)

Adv Beginner-Intermediate

Snowshoe/Ski 5 miles (1500') to Bradley Hut for MLK weekend Saturday/Sunday overnight and back out on Monday midday. \$32 for Sierra Club members (\$34 non-members) by Jan 9th to Jim Gannon; xxx xxxxxxxxxx xx, xxxxxxxxxx, xx xxxxx. Non-refundable reservations. Please include email address/phone#. Optional stay at Clair Tappaan lodge Fri 12th. Make reservations early to avoid disappointment. Lodge reservations phone is (530) 426-3632. Indicate you are with Bradley trip-Redwood Chapter. Central commissary is planned. Meeting time/locations provided with trip sign up. Contact leader Jim Gannon at xxx-xxx-xxxx or xxxxxxxx@xxxxxxxxxxx.xxx. Co-leader Don Anderson.

Ludlow Hut Winter Backpack Trip February 17-19, 2007 (Sat-Mon) Intermediate - Adv Intermediate

Snowshoe/Ski 6.5 miles (1200) to Ludlow Hut for Presidents weekend Saturday/Sunday overnight and back out on Monday midday. \$32 for Sierra Club members (\$34 non-members) by Feb. 13th to Jim Gannon; xxx xxxxxxxxxxxx xx, xxxxxxxxxxxx, xx xxxxx. Non-refundable reservations. Please include email address/phone#. Optional stay at Clair Tappaan lodge Fri 16th. Make reservations early to avoid disappointment. Lodge reservations 530-426-3632 indicate you are with Ludlow trip-Redwood Chapter. Central commissary is planned. Meeting time/locations provided with trip sign up. Contact leader Jim Gannon at xxx-xxx-xxxx or xxxxxxxx@xxxxxxxxx.xxx. Co-leader is Paul Bozzo.

Announcements

Expedition: Kirkwood

Kirkwood Mountain Resort announces its **Expedition: Kirkwood** program offering a variety of clinics; steeps clinics, telemark clinics, women's clinics, kid's clinics, Backcountry Awareness Clinics, and several AIARE Level 1 Avalanche Certification clinics. Enroll early because clinics fill up fast! Kirkwood's Winter Bivouac Snow Camping clinic on February 3, 2007, looks like a great deal at \$60 per person. They will show you the basic principles of snow camping including "leave no trace" camping procedures, proper site selection for both tents and snow caves, and how to set up your tent with an effective snow wall. Cold weather cooking and practical meal selection will be covered as well as

staying warm and dry. They will also work with STS trip leaders to create custom clinics. Contact Emily Abernathy, Expedition: Kirkwood at 209.258.7360 and check out the Expedition: Kirkwood 2006/2007 winter events calendar at:

www.kirkwood.com/winter0607/calendar.php

Snow Cave & Igloo Seminar

Livermore Area Recreation and Park District announces its 2007 snow camping class. This is a great class taught by Kim Grandfield of Sunrise Mountain Sports in Livermore. You will learn everything you wanted to know about snow camping but were afraid to ask! A mandatory Pre-trip meeting on Monday Jan. 3, 7 pm will prepare you for the lab portion of this class: a two-day, snow camping trip from Saturday, January 13, 2007, to Monday, January 15, 2007. Car-pooling will be arranged during the evening class. Participants may either cross-country ski or snowshoe. Cost for Livermore area residents is \$110.00 and for non-residents is \$132.00. Since this is a group tour, there will be no refunds. This is a great value for a three day trip with a couple of super experienced veterans of trans Sierra ski touring.

Details and registration at

<http://register.larpdrecandpark.org/> and/or

<http://www.larpd.dst.ca.us/>

Section Information

Purpose: The Ski Touring Section leads cross-country ski trips to the Sierra Nevada and elsewhere.

Meetings: The Section holds open meetings monthly from November thru May. Date, time, and location of the next meeting are announced in TRACK.

Newcomers of any experience level are welcome. A special program is featured at most meetings.

Membership: To be a member of the section requires membership in the Sierra Club and additional dues of \$5/yr paid to the section Treasurer. This entitles members to all the rights outlined in the bylaws and standing rules.

E-mail list: To join the STS e-mail list, send an e-mail to the list server at: <listserv@lists.sierraclub.org>.

Include the following one line in the body of the message (not Subject line): <SUBSCRIBE LOMAP-SkiTour yourfirstname yourlastname>. Be sure to send the email from the address at which you wish to receive postings and the newsletter, TRACK. You must be a member to be on the STS e-mail list.

Newsletter: TRACK is published monthly from October through May. To subscribe, send a check for \$15 (\$10 for paper newsletter and \$5 for annual section dues) payable to Ski Touring Section with your name, address, telephone number, and proof of Sierra Club membership to Treasurer John Langbein (xxx xxxxxxxxxxxx xx, xxxxxxxxxxxx, xx xxxxx). Proof of membership is one of the following: a mailing label from your Chapter newsletter (Loma Prieta) or Sierra magazine,

Section Information (cont.)

a photocopy of your Sierra Club membership card, or your canceled check for membership dues. To join the Sierra Club, enclose a separate check for \$35 payable to Sierra Club with your STS payment. To submit meeting announcements, trip announcements, and trip reports for publication in TRACK, email them to TRACK editor Kevin Flynn at xxxxxxxx@xxxxxxxxxxx.xxx, (plaint text or attached Microsoft Word documents preferred) or submit them as text files. Photos in jpeg format may accompany trip report submissions and will be included if space permits. Advertisements will be carried for members free of charge on a space-permitting basis. Ads will

run for one month unless resubmitted and will be limited to 6 lines or one inch. Notices from commercial enterprises will be carried at the editor's discretion on the same basis. **Trips:** Trips are scheduled by VC/Scheduler Eric Valentino. Potential trip leaders should contact him (see address below) and new leaders should contact Janet Hoffmann, Chair of the Outings Committee. Potential trip participants should contact the trip leader listed for each trip. The trips are classified according to the minimum ability required of participants. The categories are listed inside under Ski Trips. The Sierra Club does not assume any liability for carpools to the "trailhead".

Chair	Lowell Mouton	xxxxxxxx@xxxxxxxxxxx.xxx	xxx-xxx-xxxx
VC/Scheduler	Eric Valentino	xxxxxxxx@xxxxxxxxxxx.xxx	xxx-xxx-xxxx
Secretary/Editor	Kevin Flynn	xxxxxxxx@xxxxxxxxxxx.xxx	xxx-xxx-xxxx
Treasurer	John Langbein	xxxxxxxx@xxxxxxxxxxx.xxx	xxx-xxx-xxxx
Conservation	Dick Simpson	xxxxxxxx@xxxxxxxxxxx.xxx	xxx-xxx-xxxx
Outings	Janet Hoffmann	xxxxxxxx@xxxxxxxxxxx.xxx	xxx-xxx-xxxx
Committee Chair			
Webmaster	Brenda Giese	xxxxxxxx@xxxxxxxxxxx.xxx	xxx-xxx-xxxx

SKI TOURING SECTION

Loma Prieta Chapter
c/o John Langbein
xxx xxxxxxxxxxxx xx
xxxxxxxxxxx,xx xxxxx

First Class Mail