

# TRACK



Newsletter of the Ski Touring Section

Loma Prieta Chapter

Sierra Club

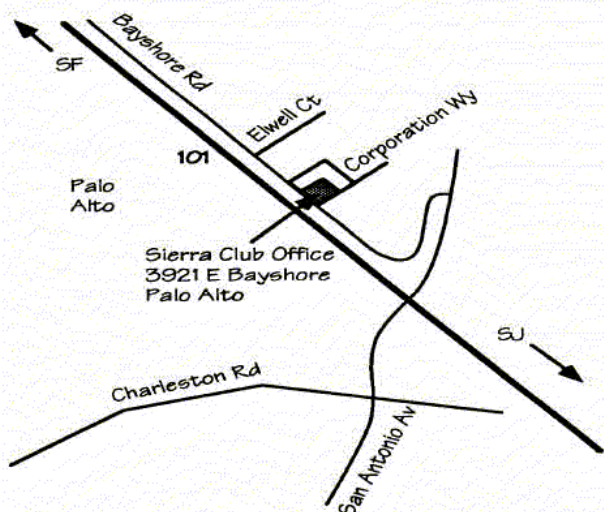


[www.sierraclub.org/chapters/lomaprieta/sts](http://www.sierraclub.org/chapters/lomaprieta/sts)

## Next Meeting

**Monday, February 5th at 7:30 pm**  
**Guest speaker: Rich Lee, MD**

**Peninsula Conservation Center**  
**3921 East Bayshore Road, Palo Alto**



Come join us on Monday, February 5, 2007, at 7:30 PM, at the Peninsula Conservation Center, for an informative talk on the prevention and treatment of common ski injuries given by Rich Lee MD. Rich is the founder and medical director of Hometown Healthcare in Palo Alto. He began cross-country skiing in 1972; he raced and taught from 1975 to 1985, and is still an active skier.

Also, please mark your calendars for the March, April and May STS meetings. Our featured speaker at the March 5<sup>th</sup> STS meeting will be Steve Stearns, who will

give a presentation on electronic communications options for backcountry travel. If you are wondering which technology gives the best coverage and is the most reliable for back country communications then you will want to attend this meeting. Steve will discuss the pros and cons and techniques for using cell phones, portable ham radio transceivers, satellite phones and more for back country communications.

Our general business meeting and Ski Touring Section officer elections will be held on Monday, April 2, 2007, and our annual pot luck dinner and slide show will be held on Monday, May 7, 2007.

## **Deadline for March TRACK submissions is February 16<sup>th</sup>**

Written descriptions of STS trips and private trips are encouraged, and will be printed as space permits. E-mail submissions (plain text or attached Word documents) to xxxxxxx@xxxxxxx.xxx. Leaders are asked to submit trip descriptions and other key information as soon as possible after the planning meeting.

The STS Track Newsletter would like to obtain photos of STS skiers on relatively recent STS trips from STS members to use in future issues of Track. Please include any helpful information with the picture such as the location, a description of the picture, names of any skiers in the picture and a note that it is OK for Track to publish your photo.

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## 2006-2007 STS Calendar

### February

2/2-4 – Lost Trail Lodge (ski in)

**Leader:** Terri Michel; **Skill Level(s):** Adv Beg/Int

2/3-4 – Bradley Hut

**Leader:** John Cordes; **Skill Level(s):** Intermediate

2/3-4 – Snow camping trip TBA

**Leaders:** Chris MacIntosh / Steve Sergeant / John Langbein; **Skill Level(s):** Beginner (need to have taken the “Snow camping seminar” in mid-January)

2/5 – STS Monthly Meeting

Peninsula Conservation Center (7:30 pm)

2/9-11 – Gooseberry Cross Country Ski Trip

**Leader:** Joe Schmidt; **Skill Level(s):** Adv. Beg. / Int.

2/10-11 – Wilderness First Aid

**Leader:** TBA; **Skill Level(s):** All

2/10-11 – Bear Trap Basin

**Leader:** Stephane Mouradian; **Skill Level(s):** Int.

2/16-18 – Clair Tappaan Lodge Ski Trip

**Leaders:** Teresa Callen / Paul Hsieh / Alan Hobbs

**Skill Level(s):** Beg/Adv Beg

2/17-19 – Mt. Hoffman snow camping trip

**Leaders:** David Passmore; **Skill Level:** Advanced

2/17-19 – Mount Lassen Volcanic NP Lodge Trip

**Leaders:** Cecily Harris / Terri Michel

**Skill Level(s):** Intermediate / Adv Intermediate

2/18-23 – 10<sup>th</sup> Mountain CO

**Leaders:** John Cordes; **Skill Level:** Intermediate

2/23-25 – Echo Summit to Loon Lake

**Leader:** John Langbein; **Skill Level:** Advanced Int

2/24-25 – Grover Hot Springs car camping ski trip

**Leaders:** Steve Sergeant; **Skill Level:** Adv. Beg

### March

3/3-4 – Kings Canyon lodge trip

**Leaders:** Terri Michel / Chris Kramar;

**Skill Level(s):** Intermediate

3/3-4 – Peter Grubb Hut trip

**Leaders:** Dick Simpson; **Skill Level:** Intermediate

3/5 – STS Monthly Meeting

Peninsula Conservation Center (7:30 pm)

3/10-11 – Highway 88 Ski Trip

**Leader:** Janet Hoffmann; **Skill Level:** Adv Beg - Int

3/9-11 – “Loop Around” Mt. Lassen

**Leader:** John Langbein; **Skill Level:** Advanced Int

3/16-18 – Pinecrest cabin trip

**Leaders:** Joe Schmidt; **Skill Level:** Adv Beg

3/17-18 – Carson Pass to Bear Valley (snow camping)

**Leaders:** Roy Lambertson; **Skill Level:** Advanced

3/17-22 – Tioga Pass Resort to Tuolumne Meadows

**Leaders:** Lowell Mouton / Terri Michel

**Skill Level:** Advanced Intermediate

3/23-25 – Tahoe Donner Cabin Trip

**Leader:** Larry Krumm

**Skill Level(s):** Intermediate+

3/24-25 – Iron Mountain

**Leader:** Janet Hoffmann; **Skill Level:** Intermediate

TBA – Dewey Point snow camping trip

**Leader:** Steve Sergeant; **Skill Level:** Intermediate

### April

4/2 – STS Monthly Meeting

Peninsula Conservation Center (7:30 pm)

4/4-6 – Peter Grubb Hut trip

**Leaders:** Lowell Mouton; **Skill Level:** Int / Adv Int

4/13-15 – Pinecrest cabin snowshoe trip

**Leader:** Joe Schmidt

4/14-21 – Trans-Sierra ski tour

**Leader:** Andy Hudson; **Skill Level:** TBA

### May

5/7 – STS Annual Potluck (location and time TBA)

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## Trip Basics

Trips are cooperative ventures organized and lead by volunteers. Trips range from leisurely single-day tours to strenuous multi-day expeditions. Each trip has a classification, which indicates the level of skiing ability and experience that the leader feels is the minimum required. The trip leader has the final say in whom may join a trip and may refuse anyone at any time that they feel has not demonstrated the required level of ability.

## Trip Classifications

**Beginner:** Includes first time cross-country skiers. Leaders frequently provide some type of beginner instruction. 1-2 miles on gentle terrain.

**Advanced Beginner:** Skiers in good condition who have learned the basics of the diagonal stride on the flats and on easy hills. 2-5 miles over rolling terrain.

**Intermediate:** Uphill and downhill skiing on slopes that can be traversed if too steep. An intermediate has developed skill and confidence to snowplow, step turn, and control downhill speeds. Overnight hut trips with a moderate pack load. 3-10 miles average.

**Advanced Intermediate:** Same as Intermediate plus poor snow and weather skills, winter navigation, greater endurance, and snow camping. 10-15 miles.

**Advanced:** These tours are for the hardy skiers who can ski 10 to 30 miles in one day, are able to climb high mountains using skins, and descend with Telemark turns. The advanced skier must be in good shape, acclimatized to high altitudes, and have a working knowledge of map reading, compass, avalanche hazards, and winter survival.

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## Trip/Event Descriptions

### Luxuriate at Lost Trail Lodge

2 – 4 February 2007 (Fri – Sun)

#### Advanced Beginner / Intermediate

A rare opportunity to stay in this off-the-grid and uniquely appointed lodge that is close to civilization yet remote in NW Tahoe near Donner. This trip would be a good way to find out what it's like to ski with an overnight pack to your lodging without having to carry sleeping gear. We'll share a cabin at the Lost Trail Lodge, which is a 4 mile relatively flat ski into

the lodge <[www.lostrail lodge.com](http://www.lostrail lodge.com)>. We'll start from the trailhead on Friday morning the 2<sup>nd</sup> to ski the 4 miles to our cabin so we can explore the local backcountry for the rest of the weekend. The area offers day skiing opportunities in places like Cold Stream and Emigrant Canyons, Shallenberger Ridge, etc (climbing skins would be handy for the day tours from the lodge). Skiing and dining followed by a possible live piano serenade or jacuzzi soak in the evenings. Cost for 2 nights lodging (includes linens), 2 dinners and 2 breakfasts is \$179/person. Limit 6. Part or all of deposit is nonrefundable if you cancel after January 1<sup>st</sup> and we can't get a qualified replacement. All participants must be comfortable skiing up to 4 miles with a small overnight pack, bring metal edged skis, sign a Lodge and a Sierra Club Liability Waiver and complete a Sierra Club Medical form and return all completed and signed to the leader prior to the trip. Send 2 long SASEs for trip sign-up application, waivers, medical form and check for \$179 to: Terri Michel, xxxxxxxxxxxxxxxxxxxxxxxx xxxxxxxxxxxxxx. (Terri Michel xxxxxxxxxxxxxx or xxxxxxxxxxxxxx)

### Bradley Hut

February 3-4 (Sat-Sun)

#### Intermediate

Saturday, we'll start the trip by skiing 5 miles and climb 1500 ft to Bradley Hut in upper Pole Creek near Squaw Valley off highway 89. There will be time for turns and touring late Saturday and Sunday morning. We'll plan to get back to the cars around 4 pm on Sunday and have dinner in Truckee before heading home. Participants are encouraged to spend Friday Night at Clair Tappan lodge in Norden. The trip starts at the trailhead on Highway 89 at 10 am. \$20 covers hut, dinner Sat, and breakfast Sun. To sign up please send a SASE or email the leader. For more information and application contact the leader:

Mr. John G. Cordes

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### Gooseberry Cross Country Ski Trip

February 9-11

#### Advanced Beginner/Intermediate

This trip is designed to challenge the advanced beginner or intermediate cross-country skier. We will start at the Gooseberry Trailhead and climb about 2,000 feet to the "Knob". As we go, we'll be rewarded with a beautiful and striking view of the



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## Trip/Event Descriptions (cont.)

### 5-day 10th Mtn Hut Tour

**February 18-23**

#### Strong Intermediate

Have you ever wanted to ski the 10th Mtn Hut system in Colorado? I have hut reservations for 8 people for 4 nights Monday - Thursday Feb 19th-22th, 2007. The official trip begins at the Ashcroft trailhead south of Vail.

The itinerary is to fly to Denver on Sunday Feb 18th and pick up groceries and drive to Aspen. Stay in Aspen Sunday night. Monday morning, catch a shuttle to the Ashcroft Trailhead. Ski into 2.3 miles to Markley Hut for Monday night. Ski to Friends hut for Tuesday night which is about 8 miles away. Stay at Friends Hut on Wednesday night. Ski to Lindley Hut for Thursday night which is about 5 miles from Friends Hut. There is a variety of terrain available to ski in the area each day. On Friday, get in some turns before skiing out to catch the shuttle back to Aspen. On Saturday, drive back to Denver and fly home. The trip cost is \$150/person for the 4 nights at the huts including food. I expect the other travel to be \$450 to 500 per person (~\$300 airfare + \$150 for Sunday & Friday night lodging, car rental, shuttle fee, food). If you are interested and want to get in on the trip, please email leader John Cordes at xxxxxxxxxxxxxxxx. To learn more about the huts visits [www.huts.org](http://www.huts.org).

### Echo Summit to Loon Lake

**February 23-25 (3-day snow camping trip)**

#### Advanced Intermediate

Ski across the Desolation Wilderness from Echo Lake, across Mosquito Pass and into the seldom visited (at least in winter) upper Rubicon Valley. Cross the Crystal range and finish at Loon Lake. We'll probably "bag" a few easy summits along the way. Hopefully, I can find a co-leader so that this can be a "key-exchange" which makes the car shuttle much easier. Contact John Langbein at xxx-xxx-xxxx (evenings before 9PM) or xxxxxxxxxxxxxxxx.

### Grover Hot Springs Camp-out

**February 24-25**

#### Advanced Beginner

Join us for a car camping ski trip. We will camp at Grover Hot Springs State Park. The park is just west of Markleeville, four miles from Highway 89. We will ski in the Hope Valley/Carson Pass area on both Saturday and Sunday. Dinner Saturday night will be in historic Markleeville, at the Wolf Creek Restaurant.

Remember to bring your bathing suit and towel for soaking in the hot springs at the park. Trip cost is \$25 which covers camping fee and breakfast Saturday and Sunday. We'll be camping in the snow, so be prepared! In past years, night time temperatures have dipped to the single-digits. You'll also need extra money for dinner Saturday night (entrees start at \$12.95), and \$4 for each visit to the hot springs. For additional information, contact the leader: Steve Sergeant, xxxxxxxxxxxxxxxx, xxxxxxxxxxxxxxxx. Larry Bruguera is the co-leader.

### Peter Grubb Hut

**March 3-4 (Sat-Sun)**

#### Intermediate

Ski 2 miles and climb 800 ft from I-80 at Donner Summit to Castle Pass, then go another mile and down into Round Valley and Peter Grubb Hut. The hut is 60+ years old, but has been equipped with solar electric lighting. Enjoy good snow on the north side of Castle Peak or tours to Sand Ridge Lakes. \$30 covers Saturday dinner and Sunday breakfast; you bring lunches and snacks. For more information and application contact leader Dick Simpson at xxxxxxxxxxxxxxxx or xxxxxxxxxxxxxxxx



### Kings Canyon & Sequoia National Park areas

**March 3-4 (Sat-Sun)**

#### Intermediate

Ski amongst the Giant Sequoias! Kings Canyon NP and Sequoia NF are a choice way to avoid the Tahoe crowds – and it takes less time to get there! We'll do day tours using metal-edged backcountry skis, and stay 2 to a room at the John Muir Lodge at 6,555' in Grant Grove ([www.sequoia-kingscanyon.com/johnmuirlodge.html](http://www.sequoia-kingscanyon.com/johnmuirlodge.html)). Cost for two nights lodging (includes private bath, maid service and linens) and happy hour munchies is \$75 per person (trip cost is based on 12 people). There is a restaurant nearby for Sat. dinner and/or breakfasts. Limit 12. Part or all of deposit nonrefundable if you cancel after February 15<sup>th</sup> and we can't get a qualified replacement. All participants must sign a Sierra Club Liability Waiver and complete a Sierra Club Medical form and return both completed and signed to Terri Michel prior to the trip. Send 2 long SASEs for trip sign-up application, medical form, waiver and check for \$75 per person to: Terri Michel xxxxxxxxxxxxxxxx.

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## Trip/Event Descriptions (cont.)

**Leaders: Terri Michel**, xxx-xxx-xxxx,  
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**Chris Kramar**, xxx-xxx-xxxx,  
xxxxxxxxxxxxxxxxxxxxxx

### **Mt. Lassen Loop**

**March 9-11 (3-day snow camping trip)**

#### **Advanced Intermediate**

Start at the south entrance of Lassen Park and ski up the road (with a short-cut) to Helen Lake. From here, we'll consider a detour to the summit of Mt Lassen. Then, ski through the backcountry just east of Mt Lassen. After a very short section of road near the Devastated Area, we'll cross a pass between Lassen and Chaos Crags then past Vulcan's Castle and Ski Heil Peak. From there, we'll pick-up the road for a quick trek back to the south entrance. Contact John Langbein at xxx-xxx-xxxx (evenings before 9PM) or xxxxxxxxxxxxxxxxxxxxxx.

### **Highway 88 Ski Trip**

**March 10-11**

#### **Strong Advanced Beginner-Intermediate**

I plan to lead a trip on two routes off highway 88 spending Friday and Saturday nights at Indian Grinding Rock State Park near Jackson. One route is around the newly marked trail starting at Foster Meadow Road off highway 88 and loops up around Anderson Ridge to the northeast for about 7 miles. The other is a route of about 6 miles round trip off Highway 88 near Silver Lake. Participants should be able to navigate moderate slopes and deal with possible deep snow and should have backcountry touring equipment. By late March the weather should be such that we won't encounter snow where we are camping, but be prepared for rain. I will provide cooking equipment, food, and hot and cold beverages for Sat and Sunday breakfasts. I plan to eat out at a Chinese restaurant near Pioneer Saturday night. We will also need to pay \$15 per site needed for camp sites for the group. I figure we can put 2-3 cars and tents per site. To sign up send a check for \$10 and a SASE or e-mail contact address along with a brief description of your ski experience and equipment to the me at: 826 Lana Ct., Campbell, CA 95008. All participants will need to sign a Sierra Club waiver form and report any medical conditions that might be of concern. **Leader: Janet Hoffmann** (xxx-xxx-xxxx or xxxxxxxxxxxxxxxxxxxxxx)

**Tioga Pass Resort – Tuolumne Meadows Ski Tour**

**15 – 20 March 2007 (Thurs – Tues)**

#### **Advanced Intermediate**

Come spend St. Patrick's Day in beautiful Tuolumne Meadows. We'll stay in a motel in Lee Vining on Wednesday night the 14<sup>th</sup> and ski into Tioga Pass Resort on (TPR) Thursday March 15. We'll spend Thursday night in a cabin at this intriguing historic resort located on the eastern crest of Yosemite at 9,600' <www.tiogapassresort.com>. After ski-acclimatizing around TPR and a great dinner and breakfast, we'll tour our way to the ski hut (or snow camp) in Tuolumne Meadows on Friday March 16 where we'll spend three nights and ski around Tuolumne Meadows on Saturday (St. Patrick's Day) and Sunday. Day trip possibilities from the Tuolumne Meadows area include Cathedral, Johnson, Ragged, Unicorn Peaks, Lember Dome, Elizabeth Lake, Dog Lake, etc. Our travel is made lighter by the leprechauns who stashed food and gear in advance. On Monday March 19 we'll ski from Tuolumne Meadows Hut back to TPR and spend Monday night at TPR. On Tuesday March 20 we'll ski back to the Lee Vining Tioga Pass Road trailhead and drive home.

Cost of \$450 per person includes 1 night in motel, 2 nights at TPR (including tips for TPR staff), 5 delicious dinners and breakfasts, 2 lunches, and petrol reimbursement for the cache elves (trip cost estimate is based on 6 people). Note that hut or camping in Tuolumne Meadows is free. Limit 6. All participants must be comfortable skiing up to 16 miles and 3,000' elevation gain with an overnight pack, have snow camping experience, bring metal edged skis, climbing skins, a winter sleeping bag and an avalanche transceiver. Participants must also sign a Sierra Club Liability Waiver and complete a Sierra Club Medical form and return both completed and signed to the leader prior to the trip. All participants must also sign a TPR Release Form. Send 2 long SASEs for trip sign-up application, medical form, waiver, TPR Release and a deposit check for \$450 per person (made to Lowell Moulton) to: Lowell Moulton,xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx. Part or all of deposit nonrefundable if you cancel after February 12th and we can't get a qualified replacement. Trip leader is Lowell Moulton (xxx-xxx-xxxx or xxxxxxxxxxxxxxxxxxxxxx). Co-Leader is Terri Michel (xxxxxxxxxxxxxxxx or xxxxxxxxxxxxxxxxxxxxxx).

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## Trip/Event Descriptions (cont.)

### Crabtree Trail Cross Country Ski Trip

**March 16-18**

#### Advanced Beginner

This trip is designed to challenge the advanced beginner\*. We will start at the Crabtree trail head and ski up to Aspen Meadows. After a break there, we will return to Crabtree and head east. From this point, it's almost flat along a ridge which offers seclusion in forested areas as well as some great vistas along the way. We'll monitor the group to determine the point to turn back. Our reward will be soaking weary bones in the hot tub as snowflakes descend to earth followed by a great dinner. On Sunday, we'll pick another route depending on snow conditions. There are many in the Pinecrest area. \$90 covers two nights accommodations; two breakfasts and two lunches and one dinner. Every participant will get their own bed and rooms will be shared by same sex. The trip is limited to twelve participants. Please send your check made out to Sierra Singles to Joe Schmidt xxxxxx xx. Be sure to include SIN or name, address, phone and email address at a minimum. Rain is welcome and doesn't cancell ... think snow! Event covers 10 miles, with 1500 feet of elevation. **Meeting location:** Joseph's Cabin in the Sonora Pass/Emigrant Wilderness/Pinecrest Areas **Leader:** Joe Schmidt, xxxxxxxxxxxxxxxxxxxxxxxx

### Carson Pass to Bear Valley (Snow Camping)

**March 17-18**

#### Advanced

Join us in exploring this seldom-skied section of the crest. We will do this trip as a key exchange, with both groups camping in the vicinity of Clover Valley on Saturday night. We hope to get good views of the Dardanelles region. The distance we will cover in two days is about 26 miles; our nominal route is described in Marcus Libkind's Ski Tours of the Sierra Nevada, Volume 2. It's the "Red Lake to Lake Alpine" tour. Severe weather or avalanche hazard will change our plans. Contact **leader Roy Lambertson** at xxx-xxx-xxxxxxxxxxx (day); xxxxxxxxxxxxxx (eve); or xxxxxxxxxxxxxxxx. Co-leader is Stephane Mouradian xxxxxxxxxxxxxxxx.

**March 23 -25**

### Tahoe cabin adventure

**Intermediate or better**

Want to try a classic Tahoe tour? How about Tahoe Meadows to Brockway Summit? We will stay at our cabin in Truckee. Saturday we'll car shuttle to Tahoe Meadows (off Highway 431 near Mt. Rose Summit) ski to Brockway Summit (11 miles, 2,150 ft ascend, 3,700 ft descend) and car shuttle back. Participants can come up Thursday night and day tour Friday to avoid the Friday traffic. After skiing we return to our cabin for a home cooked meal. Use the hot tub if you want. On Sunday, we'll do a shorter day tour in the Truckee/Tahoe area. Participants need to have metal-edged backcountry skis and skins. Limit: minimum 6, maximum 10. Cabin cost is \$280/ night & will be split between participants. If you are staying 2 nights \$110 holds your spot, 3 nights \$160. Actual cost will be adjusted for the # of people on the trip (costs should go down). Leaders: Larry Krumm xxx-xxx-xxxx & Paul Hsieh

### Dewey Point Beginner's Snow Camp

**March 24-25**

#### Intermediate

Camp in the snow overlooking Yosemite Valley! This is a good trip for someone ready to graduate from Advanced Beginner to Intermediate. This trip will start at the parking lot for the Badger Pass ski area, and will cover 3.75 miles by cross country skis or snowshoe into our campsite. Campers will be encouraged to try alternative winter shelters, such as a snow cave, or a hybrid tarp/trench structure (tents are OK too). On Sunday morning we'll explore the rim of Yosemite Valley to the east of Dewey Point -- perhaps as far as another 3.6 miles to Taft Point -- before traveling back to the Badger Pass parking lot on the Glacier Point Road.

Prior snow camping experience is strongly advised. The leader can advise you on appropriate gear and preparation. Skiers should have experience skiing with a full pack (on a hut trip, for example). The trip is individual commissary, but participants will be encouraged to team-up for shelter and cooking. Limited to seven participants. This trip is co-listed with the Backpack Section.

To register, contact the trip leader: Steve Sergeant, at xx or xxxxxx-xxxx.

### Peter Grubb Hut Ski Tour

**April 4-6 (Weds-Fri)**

#### Intermediate / Advanced Intermediate

Join us for a fun two night mid-week stay at Peter Grubb Hut. We'll drive up to Clair Tappaan Lodge (CTL) in the Norden area on Tuesday 4/3. On Wednesday 4/4 we'll ski 2 miles and climb 800 ft from I-80 at Donner Summit to Castle Pass, then go another mile and down into Round Valley and Peter Grubb Hut. Peter Grubb Hut lies in a bowl, bounded on the north by Basin Peak and on the east by Castle Peak. The hut is 60+ years old, but was recently equipped with solar electric lighting. On Thursday 4/5 we'll have a full day to enjoy good snow on the north side of Castle Peak or tours to nearby Basin Peak and Sand Ridge Lakes. We'll ski out and drive home on Friday 4/5.





STS'ers prepare to depart from the Pear Lake Hut on January 28 (left to right: Linda Sun, Janet Hoffmann, Richard Contreras, Kevin Flynn, Tina Sun, Steve Cochran, Roy Lambertson (trip leader), Dave Erskine, and Ted Williams).

## Section Information

**Purpose:** The Ski Touring Section leads cross-country ski trips to the Sierra Nevada and elsewhere.

**Meetings:** The Section holds open meetings monthly from November thru May. Date, time, and location of the next meeting are announced in TRACK. Newcomers of any experience level are welcome. A special program is featured at most meetings.

**Membership:** To be a member of the section requires membership in the Sierra Club and additional dues of \$5/yr paid to the section Treasurer. This entitles members to all the rights outlined in the bylaws and standing rules.

**E-mail list:** To join the STS e-mail list, send an e-mail to the list server at: <listserv@lists.sierraclub.org>.

Include the following one line in the body of the message (not Subject line): <SUBSCRIBE LOMAP-SkiTour yourfirstname yourlastname>. Be sure to send the email from the address at which you wish to receive postings and the newsletter, TRACK. You must be a member to be on the STS e-mail list.

**Newsletter:** TRACK is published monthly from October through May. To subscribe, send a check for \$15 (\$10 for paper newsletter and \$5 for annual section dues) payable to Ski Touring Section with your name, address, telephone number, and proof of Sierra Club membership to Treasurer John Langbein (xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx).

Proof of membership is one of the following: a mailing label from your Chapter newsletter (Loma Prietan) or Sierra magazine,

**Section Information (cont.)**

a photocopy of your Sierra Club membership card, or your canceled check for membership dues.

To join the Sierra Club, enclose a separate check for \$35 payable to Sierra Club with your STS payment.

To submit meeting announcements, trip announcements, and trip reports for publication in TRACK, email them to TRACK editor Kevin Flynn at xxxxxxxxxxxxxxxxxxxxxxxx, (plaint text or attached Microsoft Word documents preferred) or submit them as text files. Photos in jpeg format may accompany trip report submissions and will be included if space permits. Advertisements will be carried for members free of charge on a space-permitting basis. Ads will

run for one month unless resubmitted and will be limited to 6 lines or one inch. Notices from commercial enterprises will be carried at the editor's discretion on the same basis.

**Trips:** Trips are scheduled by VC/Scheduler Eric Valentino. Potential trip leaders should contact him (see address below) and new leaders should contact Janet Hoffmann, Chair of the Outings Committee. Potential trip participants should contact the trip leader listed for each trip. The trips are classified according to the minimum ability required of participants. The categories are listed inside under Ski Trips. The Sierra Club does not assume any liability for carpools to the "trailhead".

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|-------------------------|----------------|
| <b>Chair</b>            | Lowell Mouton  |
| <b>VC/Scheduler</b>     | Eric Valentino |
| <b>Secretary/Editor</b> | Kevin Flynn    |
| <b>Treasurer</b>        | John Langbein  |
| <b>Conservation</b>     | Dick Simpson   |
| <b>Outings</b>          | Janet Hoffmann |
| <b>Committee Chair</b>  |                |
| <b>Webmaster</b>        | Brenda Giese   |

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**SKI TOURING SECTION**

Loma Prieta Chapter  
c/o John Langbein  
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**First Class Mail**